

Table 5 Uses of different plant's parts

Plant's parts	Uses
Leaves	Tonic for diarrhoea remedies, wrapper for cooked pap
Stem	Chewing sticks with medicinal value for teeth and gums, fuelwood for domestic purposes
Extract	<i>Cola nitida</i> bark extract can be used to inhibit the growth of pathogenic bacteria
Pod	The pod of <i>Cola nitida</i> can be used to feed ruminant animals, poultry and snails also confirmed by Hamzat et al (2002)
Bark	Can be used as fertility regulator, relieve diarrhoea, nausea and heal wound
Timber	The wood can be used in construction industry e.g. houses, boat and images
Root	To clean teeth and sweeten breath
Nut	It is chewed as stimulant, aphrodisiac and healing qualities. Extracts are found in energy drinks and anti-depressant, they are also thought to reduce hunger, aid digestion, and elevation of body temperature, increases blood pressure and respiratory rate and to treat whooping cough. It can be processed into dye which is used in indigenous garment industry, body art and as an ingredient for cosmetics.
Film coverage	Feed supplement for animal