

Table 3 Comparison of the energy and mineral content of some selected bushmeats and conventional meat types

	Energy (kj)	Ca (mg)	P (mg)	Fe (mg)
Lamb	546(71.9)	7.2(0.9)	194(25.6)	12.0(1.6)
Canerat	936(54.9)	400(23.4)	360(21.1)	10(0.6)
Beef	498(69.2)	4.5(0.6)	215(29.9)	1.8(0.3)
Grasscutter	1132(61.1)	320(17.3)	380(20.5)	20(1.1)
Veal	477(64.1)	6.5(0.9)	260(34.9)	1.1(0.1)
Tree squirrel	407(45.6)	230(25.8)	250(28.0)	5(0.6)
Mutton	514(63.2)	6.6(0.8)	290(35.6)	3.3(0.4)
Swamp rat	459(48.5)	210(22.2)	270(28.5)	8(0.8)

Data in parenthesis are percentages.

(Source: Malaisse and parent, 1982)